

Wein named to President's Council of Cornell Women



Debra Wein of Hingham is founder and president of Wellness Workdays, a company that provides health and wellness programs to corporate employees.

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Debra Wein, president and founder of Wellness Workdays, has been appointed by Cornell University to the President's Council of Cornell Women (PCCW). The Council is a group of highly accomplished alumnae working to enhance the involvement of women students, faculty, staff and alumnae as leaders within Cornell University and its many communities. She joins noted alumni Janet Reno, Gabrielle Giffords, Jane E. Brody, Mae Jemison, and Irene Rosenfeld. Membership is by appointment only.

"I am honored to be selected as a member of the President's Council of Cornell Women and to be joining a distinguished list of talented and accomplished Cornell alumni in advancing the role of women at the university," said Debra. "The council plays an integral role in developing future women leaders, and I look forward to utilizing my entrepreneurial expertise to help the council meet its objectives."

Through her role on the council, Debra will work to expand the role of women within Cornell's decision-making groups; advise the president on issues important to Cornell women; help attract outstanding women students, faculty, and staff to Cornell, and enhance their leadership opportunities; engage leading alumnae by strengthening their ties to each other and to Cornell; and offer guidance and role models for Cornell women.

A seasoned entrepreneur, Debra's company Wellness Workdays based in Hingham, Massachusetts, is a leading provider of corporate wellness programs and the only corporate

wellness provider in Massachusetts to receive state and national certification as a women-owned business enterprise. Debra is also the president and co-founder of partner company Sensible Nutrition, Inc., a consulting firm of RD's and personal trainers, that provides nutrition and wellness services to individuals. She has designed award winning programs for both individuals and corporations around the world and is a nationally recognized expert on health and wellness with nearly 20 years of experience in the industry.

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