



News
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Wellness Workdays' Dietetic Internship Program Granted Candidacy for Accreditation by the Accreditation Council for Education and Nutrition in Dietetics (ACEND)

Wellness Workdays' Dietetic Internship Program has been granted Candidacy for Accreditation by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics following a comprehensive program evaluation and rigorous review process. Wellness Workdays' Dietetic Internship is a 1,200-hour program with a concentration in worksite wellness / health promotion. The internship addresses an emerging field in dietetics, creating more opportunities and awareness for students interested in the field of prevention and wellness. Successful completion of an internship is a key requirement for students who hold an under/graduate nutrition degree from a nationally accredited college or university and who would like to sit for the national exam to become a Registered Dietitian.

Wellness Workdays' dietetic internship meets strict competencies and learning outcomes through a combination of worksite wellness, acute clinical, long-term care, food service, elective and community rotations. In addition to the traditional clinical and food service nutrition training, students will learn how to design and deliver strategic worksite wellness programs that target both at-risk and healthy populations in order to reduce the risk of chronic disease and keep healthy employees healthy. Interns will gain experience in biometric screenings, nutrition and fitness classes, wellness seminars, lectures and cooking demonstrations while also learning about innovative wellness technologies, engaging in social media opportunities, and assisting in the creation of marketing and programming tools that promote wellness.

"Wellness Workdays' program provides dietetic interns with hands-on, real life experiences in the areas of worksite wellness, nutrition counseling and health promotion, areas which directly address the country's current health care crisis," said Debra Wein, president and founder of Wellness Workdays. "Worksite wellness is an area where we need more opportunities for students to gain the skills and competencies that are a critical component to becoming a registered dietitian in today's world."

Wellness Workdays will accept 20 dietetic interns in 2013 through a competitive online computer matching process. Applications must be postmarked by February 15 and students from across the U.S. can apply to the distance program and begin their hands-on rotations in July 2013. Open houses will be held on November 30 (on site at the Wellness Workdays offices) and December 7 (virtual). More details on the program and the application process can be found [here](#).

Wellness Workdays has extensive experience educating dietetic interns and has hosted numerous dietetic interns from a variety of programs over the past 10 years, including Tufts University, The University of Connecticut, Simmons College, The Medical University of South Carolina, The University of Northern Colorado, Sodexo Food Service, the University of Connecticut, the University of Northern Colorado, and the Solmaz Institute for Obesity Dietetic Internship at Lenoir-Rhyne University.

Wellness Workdays develops and implements award-winning worksite wellness programs for organizations throughout the country. Several of Wellness Workdays' clients have received awards for their wellness programs, including Putnam Investments, Rockland Trust, Old Mutual Asset Management and Cape Cod Lumber. Debra Wein, president and founder of Wellness Workdays, is a leading provider of worksite wellness programs and the only worksite wellness provider in Massachusetts to receive state and national certification as a woman-owned business enterprise. Debra is also the president and co-founder of partner company Sensible Nutrition, Inc., a consulting firm of RD's and personal trainers, which provides nutrition and wellness services to individuals. Debra is a nationally recognized expert on health and wellness with nearly 20 years of experience in the industry.

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals. The academy is committed to improving the nation's health and advancing the profession of dietetics through research, education and advocacy. Visit the Academy at www.eatright.org. The Accreditation Council for Education in Nutrition and Dietetics (ACEND) is the Academy of Nutrition and Dietetics' accrediting agency for education programs preparing students for careers as registered dietitians (RD) or dietetic technicians, registered (DTR). ACEND serves and protects students and the public by assuring the quality and continued improvement of nutrition and dietetics education programs.

About Wellness Workdays

Wellness Workdays (www.wellnessworkdays.com) is a Hingham, Massachusetts based company committed to providing corporate health and wellness programs that inspire employees to make simple and positive changes in their lives and improve their health while working to lower health care costs for businesses. Wellness Workdays has worked with hundreds of companies, including Putnam Investments, Brown University, the Massachusetts Institute of Technology, Rockland Trust, Perkin Elmer, Old Mutual Asset Management, Waters Corporation, Sekisui Voltek, Objet Geometries, the Town of Westwood, Bentley University and Harvard Business School.

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